

Thorpedene Primary School

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish (with salad or vegetables)	Meatballs, tomato sauce & spaghetti with carrots	Chicken Saag, rice and Naan bread with peas or sweetcorn	Roast of the Day with Yorkshire Pudding, roast potatoes, two vegetables and chef's gravy	Chicken wraps with sweet chilli sauce, salad and wedges	Fish 'n' Chips or savaloy with, baked beans or mushy peas
Vegetarian Dish (with salad or vegetables)	Quorn meatballs, tomato sauce & spaghetti with carrots	Vegetable Curry, rice, Naan bread with peas or sweetcorn	Chef's Veggie Roast with Yorkshire pudding, roast potatoes, two vegetables and chef's gravy	Cheese wraps with salad and wedges	Quorn chicken nuggets with chips, mushy peas or baked beans
Jackets & Pasta	Jacket Potato	Cheese & Tomato Pasta Bake	Jacket Potato	Vegetable & Tomato Pasta Bake	Jacket Potato
Sides	Salad bar, sauce station and fresh bread available daily				
Dessert	Chocolate Sponge and Sauce	Homemade Cookie	Oaty Crunch with Custard	Jelly & Fruit (mango and mandarin)	Ice-cream
	A selection of fresh fruit, raisins and yoghurt available daily				



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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish (with salad or vegetables)	Beef lasagne, garlic bread, peas and sweetcorn	Sausage rolls, mashed potato and broccoli	Roast of the Day with Yorkshire pudding, roast potatoes, two vegetables and chef's gravy	Chicken fajitas, potato wedges, salad and coleslaw	Salmon fish fingers & chips or savaloy with baked beans or garden peas
Vegetarian Dish (with salad or vegetables)	Vegetable lasagne, garlic bread, peas and sweetcorn	Vegan sausage rolls, mashed potato and broccoli	Chef's Veggie Roast with Yorkshire pudding, roast potatoes, two vegetables and chef's gravy	Vegetable fajitas, potato wedges, salad and coleslaw	Quorn chicken nuggets, chips and baked beans or Peas
Jackets & Pasta	Jacket Potato	Cheese & Tomato Pasta Bake	Jacket Potato	Vegetable & Tomato Pasta Bake	Jacket Potato
Sides	Salad bar, sauce station and fresh bread available daily				
Dessert	Chocolate Sponge and Sauce	Homemade Cookie	Oaty Crunch with Custard	Jelly & Fruit (mango and mandarin)	Ice-cream
	A selection of fresh fruit, raisins and yoghurt available daily				



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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish (with salad or vegetables)	Beef Stand 'n' Stuff Tacos served with rice and salad	Fernando's Chicken in a Bun, wedges and corn on the cob	Roast of the Day with Yorkshire Pudding, roast potatoes, two vegetables and chef's gravy	Chicken Korma served with rice and naan bread and peas or sweetcorn	Fish 'n' Chips or savaloy with beans or garden peas
Vegetarian Dish (with salad or vegetables)	Quorn Stand 'n' Stuff Tacos served with rice and salad	Veggie burger, wedges and corn on the cob	Chef's Veggie Roast with Yorkshire pudding, roast potatoes, two vegetables and chef's gravy	Vegetable Curry served with rice, Naan bread and peas or sweetcorn	Quorn chicken nuggets, chips and baked beans or garden peas
Jackets & Pasta	Jacket Potato	Cheese & Tomato Pasta Bake	Jacket Potato	Vegetable & Tomato Pasta Bake	Jacket Potato
Sides	Salad bar, sauce station and fresh bread available daily				
Dessert	Chocolate Sponge and Sauce	Homemade Cookie	Oaty Crunch with Custard	Jelly & Fruit (mango and mandarin)	Ice-cream
	A selection of fresh fruit, raisins and yoghurt available daily				

Delicious Menu Autumn 2021 - Week Three

